

# AAMC MCAT Science Topics

rearranged into regular order

## Physics

### ▪ Kinematics

#### Translational Motion (PHY)

- Units and dimensions
- Vectors, components
- Vector addition
- Speed, velocity (average and instantaneous)
- Acceleration

### ▪ Newton's Laws

#### Force (PHY)

- Newton's First Law, inertia
- Newton's Second Law ( $F = ma$ )
- Newton's Third Law, forces equal and opposite
- Friction, static and kinetic
- Center of mass

#### Equilibrium (PHY)

- Vector analysis of forces acting on a point object
- Torques, lever arms

### ▪ Work, Energy, and Power

#### Work (PHY)

- Work done by a constant force:  $W = Fd \cos\theta$
- Mechanical advantage
- Work Kinetic Energy Theorem
- Conservative forces

#### Energy of Point Object Systems (PHY)

- Kinetic Energy:  $KE = 1/2 mv^2$ ; units
- Potential Energy
  - $PE = mgh$  (gravitational, local)
  - $PE = 1/2 kx^2$  (spring)
- Conservation of energy
- Power, units

### ▪ Simple Harmonic Motion

#### Periodic Motion (PHY)

- Amplitude, frequency, phase
  - $PE = 1/2 kx^2$  (spring)

### ▪ Fluid Mechanics

#### Fluids (PHY)

- Density, specific gravity
- Buoyancy, Archimedes' Principle
- Hydrostatic pressure
  - Pascal's Law
  - Hydrostatic pressure;  $P = \rho gh$  (pressure vs. depth)
- Viscosity: Poiseuille Flow
- Continuity equation ( $A \cdot v = \text{constant}$ )
- Concept of turbulence at high velocities
- Surface tension
- Bernoulli's equation
- Venturi effect, pitot tube

#### Circulatory System (BIO)

- Arterial and venous systems; pressure and flow characteristics

### ▪ Waves

- Transverse and longitudinal waves
- Wavelength and propagation speed

#### Sound (PHY)

- Production of sound
- Relative speed of sound in solids, liquids, and gases
- Intensity of sound, decibel units, log scale
- Attenuation (Damping)
- Doppler Effect
  - moving sound source or observer
  - reflection of sound from a moving object
- Pitch
- Resonance in pipes and strings
- Ultrasound

- Shock waves

### ▪ Heat and Temperature

- Measurement of heat changes (calorimetry)
  - Heat capacity, specific heat
  - Heat capacity, specific heat
- Heat transfer – conduction, convection, radiation (PHY)

### ▪ The Ideal Gas and Kinetic Theory

#### Gas Phase (GC, PHY)

- Absolute temperature, (K) Kelvin Scale
- Pressure, simple mercury barometer
- Molar volume at  $0^\circ\text{C}$  and 1 atm = 22.4 L/mol
- Ideal gas
  - Definition
  - Ideal Gas Law:  $PV = nRT$
  - Boyle's Law:  $PV = \text{constant}$
  - Charles' Law:  $V/T = \text{constant}$
  - Avogadro's Law:  $V/n = \text{constant}$
- Kinetic Molecular Theory of Gases
  - Heat capacity at constant volume and at constant pressure (PHY)
  - Boltzmann's Constant (PHY)
- Deviation of real gas behavior from Ideal Gas Law
  - Qualitative
  - Quantitative (Van der Waals' Equation)
- Partial pressure, mole fraction
- Dalton's Law relating partial pressure to composition

#### The First Law of Thermodynamics

- Thermodynamic system – state function
- Zeroth Law – concept of temperature
- First Law – conservation of energy in thermodynamic processes
- $PV$  diagram: work done = area under or enclosed by curve (PHY)

#### The Second Law of Thermodynamics

- Second Law – concept of entropy
  - Entropy as a measure of “disorder”
  - Relative entropy for gas, liquid, and crystal states

### ▪ Electricity

#### Electrostatics (PHY)

- Charge, conductors, charge conservation
- Insulators
- Coulomb's Law
- Electric field  $E$ 
  - Field lines
  - Field due to charge distribution
- Electrostatic energy, electric potential at a point in space

### ▪ DC Current

#### Circuit Elements (PHY)

- Current  $I = \Delta Q / \Delta t$ , sign conventions, units
- Electromotive force, voltage
- Resistance
  - Ohm's Law:  $I = V/R$
  - Resistors in series
  - Resistors in parallel
  - Resistivity:  $\rho = R \cdot A/L$
- Capacitance
  - Parallel plate capacitor
  - Energy of charged capacitor
  - Capacitors in series
  - Capacitors in parallel
  - Dielectrics
- Conductivity
  - Metallic
  - Electrolytic
- Meters

### ▪ Magnetism

#### Magnetism (PHY)

- Definition of magnetic field  $B$
- Motion of charged particles in magnetic fields; Lorentz force
- Paramagnetism and diamagnetism

### ▪ The Properties of Light

- Properties of electromagnetic radiation
  - Velocity equals constant  $c$ , *in vacuo*

- Perpendicularly oscillating electric and magnetic fields
    - Direction of propagation is perpendicular to both
  - Classification of electromagnetic spectrum, photon energy  $E = hf$
  - Visual spectrum, color
  - Reflection from plane surface: angle of incidence equals angle of reflection
  - Refraction, refractive index  $n$ ; Snell's law:  $n_1 \sin \theta_1 = n_2 \sin \theta_2$
  - Dispersion, change of index of refraction with wavelength
  - Conditions for total internal reflection
  - Polarization of light: linear and circular
- **Geometric Optics**
- Geometrical Optics (PHY)**
- Spherical mirrors
    - Center of curvature
    - Focal length
    - Real and virtual images
  - Thin lenses
    - Converging and diverging lenses
    - Use of formula  $1/p + 1/q = 1/f$ , with sign conventions
    - Lens strength, diopters
  - Combination of lenses
  - Lens aberration
  - Optical Instruments, including the human eye
- **Wave Optics**
- Light, Electromagnetic Radiation (PHY)**
- Concept of Interference; Young Double-slit Experiment
  - Thin films, diffraction grating, single-slit diffraction
  - Other diffraction phenomena, X-ray diffraction
- **Modern Physics** *Also See Atomic Theory*
- Heisenberg Uncertainty Principle
  - Photoelectric effect
- **Nuclear Physics**
- Neutrons, protons, isotopes
  - Nuclear forces, binding energy
  - Radioactive decay
    - $\alpha$ ,  $\beta$ ,  $\gamma$  decay
    - Half-life, exponential decay, semi-log plots

- Prediction from electronic structure for elements in different groups or rows
- Electron affinity
  - Definition
  - Variation with group and row
- Electronegativity
  - Definition
  - Comparative values for some representative elements and important groups
- Electron shells and the sizes of atoms
- Electron shells and the sizes of ions

▪ **The Chemical Bond**

**Covalent Bond (GC)**

- Lewis Electron Dot formulas
  - Resonance structures
  - Formal charge
  - Lewis acids and bases
- Partial ionic character
  - Role of electronegativity in determining charge distribution
  - Dipole moment
- $\sigma$  and  $\pi$  bonds
  - Hybrid orbitals:  $sp^3$ ,  $sp^2$ ,  $sp$  and respective geometries
  - Valence shell electron pair repulsion and the shapes of molecules (e.g.,  $\text{NH}_3$ ,  $\text{H}_2\text{O}$ ,  $\text{CO}_2$ )
  - Structural formulas for molecules involving H, C, N, O, F, S, P, Si, Cl
  - Delocalized electrons and resonance in ions and molecules
- Multiple bonding
  - Effect on bond length and bond energies
  - Rigidity in molecular structure

**Intermolecular Forces**

**Liquid Phase - Intermolecular Forces (GC)**

- Hydrogen bonding
- Dipole Interactions
- Van der Waals' Forces (London dispersion forces)

▪ **Stoichiometry**

**Stoichiometry (GC)**

- Molecular weight
- Empirical versus molecular formula
- Metric units commonly used in the context of chemistry
- Description of composition by percent mass
- Mole concept, Avogadro's number  $N_A$
- Definition of density
- Oxidation number
  - Common oxidizing and reducing agents
  - Disproportionation reactions
- Description of reactions by chemical equations
  - Conventions for writing chemical equations
  - Balancing equations, including redox equations
  - Limiting reactants
  - Theoretical yields

▪ **Thermochemistry**

- Endothermic/exothermic reactions (GC)
  - Enthalpy,  $H$ , and standard heats of reaction and formation
  - Hess' Law of Heat Summation
  - Bond dissociation energy as related to heats of formation (GC)

▪ **The States of Matter**

- Coefficient of expansion (PHY)
- Heat of fusion, heat of vaporization
- Phase diagram: pressure and temperature

▪ **Chemical Thermodynamics and the Equilibrium State**

- Second Law – concept of entropy
  - Entropy as a measure of “disorder”
  - Relative entropy for gas, liquid, and crystal states
- Free energy:  $G$  (GC)
- Spontaneous reactions and  $\Delta G^\circ$  (GC)
- Bioenergetics/thermodynamics
  - Free energy /  $K_{eq}$
- Equilibrium constant
- Relationship of the equilibrium constant and  $\Delta G^\circ$ 
  - Concentration

## General Chemistry

▪ **Atomic Theory**

**Atomic Nucleus (PHY, GC)**

- Atomic number, atomic weight
- Mass spectrometer

**Electronic Structure (PHY, GC)**

- Orbital structure of hydrogen atom
- Principal quantum number  $n$ , # of electrons per orbital (GC)
- Ground state, excited states
- Absorption and emission line spectra
- Use of Pauli Exclusion Principle
- Conventional notation for electronic structure (GC)
- Bohr atom
- Effective nuclear charge (GC)

▪ **Periodic Trends**

**The Periodic Table - Classification of Elements into Groups by Electronic Structure (GC)**

- Alkali metals
- Alkaline earth metals: their chemical characteristics
- Halogens: their chemical characteristics
- Noble gases: their physical and chemical characteristics
- Transition metals
- Representative elements
- Metals and non-metals
- Oxygen group

**The Periodic Table - Variations of Chemical Properties with Group and Row (GC)**

- Valence electrons
- First and second ionization energy
  - Definition

- Le Châtelier's Principle
  - Endothermic/exothermic reactions
  - Free energy:  $G$
  - Spontaneous reactions and  $\Delta G^\circ$
- Equilibrium in reversible chemical reactions
  - Law of Mass Action
  - Equilibrium Constant
  - Application of Le Châtelier's Principle
- Relationship of the equilibrium constant and  $\Delta G^\circ$
- **Chemical Kinetics**
  - **Rate Processes in Chemical Reactions**
  - **Kinetics and Equilibrium (GC)**
    - Reaction rate
    - Dependence of reaction rate on concentration of reactants
      - Rate law, rate constant
      - Reaction order
    - Rate-determining step
    - Dependence of reaction rate upon temperature
      - Activation energy
    - Activated complex or transition state
      - Interpretation of energy profiles showing energies of reactants, products, activation energy, and  $\Delta H$  for the reaction
      - Use of the Arrhenius Equation
    - Kinetic control versus thermodynamic control of a reaction
    - Catalysts
  - **Solutions**
    - **Ions in Solutions (GC, BC)**
      - Anion, cation: common names, formulas and charges for familiar ions (e.g.,  $\text{NH}_4^+$ -ammonium,  $\text{PO}_4^{3-}$ -phosphate,  $\text{SO}_4^{2-}$ -sulfate)
        - Hydration, the hydronium ion
    - **Solubility (GC)**
      - Units of concentration (e.g., molarity)
      - Solubility product constant; the equilibrium expression  $K_{sp}$
      - Common-ion effect, its use in laboratory separations
        - Complex ion formation
        - Complex ions and solubility
        - Solubility and pH
        - Osmosis
      - Colligative properties; osmotic pressure (GC)
      - Henry's Law (GC)
    - **Acids and Bases**
      - **Acid/Base Equilibria (GC, BC)**
        - Brønsted-Lowry definition of acid, base
        - Ionization of water
          - $K_w$ , its approx. value ( $K_w = [\text{H}^+][\text{OH}^-] = 10$  at  $25^\circ\text{C}$ , 1 atm)
          - Definition of pH: pH of pure water
        - Conjugate acids and bases (e.g.,  $\text{NH}_4^+$  and  $\text{NH}_3$ )
        - Strong acids and bases (e.g., nitric, sulfuric)
        - Weak acids and bases (e.g., acetic, benzoic)
          - Dissociation of weak acids and bases with or without added salt
          - Hydrolysis of salts of weak acids or bases
          - Calculation of pH of solutions of salts of weak acids or bases
        - Equilibrium constants  $K_a$  and  $K_b$ :  $pK_a$ ,  $pK_b$
        - Buffers
          - Definition and concepts (common buffer systems)
          - Influence on titration curves
      - **Titration (GC)**
        - Indicators
        - Neutralization
        - Interpretation of the titration curves
    - **Coordination Chemistry**
      - Complex ion formation
      - Complex ions and solubility
    - **Oxidation-Reduction & Electrochemistry**
      - Oxidation number
        - Common oxidizing and reducing agents
        - Disproportionation reactions
      - Redox titration
    - **Electrochemistry**
      - **Biological oxidation-reduction**
        - Half-reactions
        - Soluble electron carriers
        - Flavoproteins
      - Concentration cell: direction of electron flow, Nernst equation
      - Electrolytic cell
        - Electrolysis
        - Anode, cathode
        - Electrolyte
        - Faraday's Law relating amount of elements deposited (or gas liberated) at an electrode to current
        - Electron flow; oxidation, and reduction at the electrodes
      - Galvanic or Voltaic cells
        - Half-reactions
        - Reduction potentials; cell potential
        - Direction of electron flow
      - Concentration cell
      - Batteries
        - Electromotive force, Voltage
        - Lead-storage batteries
        - Nickel-cadmium batteries
    - **Specialized Cell - Nerve Cell (BIO)**
      - Myelin sheath, Schwann cells, insulation of axon
      - Nodes of Ranvier: propagation of nerve impulse along axon

## Organic Chemistry

- **Stereochemistry**
  - **Stereochemistry of covalently bonded molecules (OC)**
    - Isomers
  - Structural isomers
  - Stereoisomers (e.g., diastereomers, enantiomers, cis/trans isomers)
  - Conformational isomers
    - Polarization of light, specific rotation
    - Absolute and relative configuration
  - Conventions for writing *R* and *S* forms
  - Conventions for writing *E* and *Z* forms
  - Cyclic structure and conformations of hexoses
  - Epimers and anomers
  - **Racemic mixtures, separation of enantiomers (OC)**
- **Molecular Structure and Absorption Spectra (OC)**
  - Infrared region
    - Intramolecular vibrations and rotations
    - Recognizing common characteristic group absorptions, fingerprint region
  - Visible region (GC)
    - Absorption in visible region gives complementary color (e.g., carotene)
    - Effect of structural changes on absorption (e.g., indicators)
  - Ultraviolet region
    - $\pi$ -Electron and non-bonding electron transitions
    - Conjugated systems
  - NMR spectroscopy
    - Protons in a magnetic field; equivalent protons
    - Spin-spin splitting
- **Reactions of Alcohols and Ethers**
  - **Alcohols (OC)**
    - Description
      - Nomenclature
      - Physical properties (acidity, hydrogen bonding)
    - Important reactions
      - Oxidation
      - Substitution reactions:  $\text{S}_\text{N}1$  or  $\text{S}_\text{N}2$
      - Protection of alcohols
      - Preparation of mesylates and tosylates
  - **Reactions of Aldehydes and Ketones**
    - **Aldehydes and Ketones (OC)**
      - Description
        - Nomenclature
        - Physical properties
      - Important reactions
      - Nucleophilic addition reactions at C=O bond

- Acetal, hemiacetal
- Imine, enamine
- Hydride reagents
- Cyanohydrin
- Reactions at adjacent positions: enolate chemistry
  - Keto-enol tautomerism ( $\alpha$ -racemization)
  - Aldol condensation, retro-aldol
  - Kinetic versus thermodynamic enolate
- Oxidation of aldehydes
- General principles
  - Effect of substituents on reactivity of C=O; steric hindrance
  - Acidity of  $\alpha$ -H; carbanions
- **Reactions of Carboxylic Acids and Derivatives**
  - **Carboxylic Acids (OC)**
    - Description
      - Nomenclature
      - Physical properties
    - Important reactions
      - Carboxyl group reactions
    - Amides (and lactam), esters (and lactone), anhydride formation
    - Reduction
    - Decarboxylation
    - Reactions at 2-position, substitution
  - **Acid Derivatives (Anhydrides, Amides, Esters) (OC)**
    - Description
      - Nomenclature
      - Physical properties
    - Important reactions
      - Nucleophilic substitution
      - Transesterification
      - Hydrolysis of amides
    - General principles
      - Relative reactivity of acid derivatives
      - Steric effects
      - Electronic effects
      - Strain (e.g.,  $\beta$ -lactams)
- **Reactions of Organic Phosphorus Compounds**
  - Phosphoryl group transfers and ATP
    - ATP hydrolysis is  $\Delta G \ll 0$
    - ATP group transfers
- **Reactions of Organic Sulfur Compounds**
  - Sulfur linkage for cysteine and cystine
  - Preparation of mesylates and tosylates
- **Phenols**
  - Oxidation and reduction (e.g., hydroquinones, ubiquinones): biological  $2e^-$  redox centers
- **Polycyclic and Heterocyclic Aromatic Compounds**
  - Biological aromatic heterocycles

## Biology

### Proteins

#### Amino Acids (BC, OC)

- Description
  - Absolute configuration at the  $\alpha$  position
  - Amino acids as dipolar ions
  - Classifications
- Acidic or basic
- Reactions
- Hydrophobic or hydrophilic
  - Sulfur linkage for cysteine and cystine
  - Peptide linkage: polypeptides and proteins
  - Hydrolysis

#### Protein Structure (BIO, BC, OC)

- Structure
  - 1° structure of proteins
  - 2° structure of proteins
  - 3° structure of proteins; role of proline, cystine, hydrophobic bonding

- 4° structure of proteins (BIO, BC)
- Conformational stability
  - Denaturing and folding
  - Hydrophobic interactions
  - Solvation layer (entropy) (BC)
- Separation techniques
  - Isoelectric point
  - Electrophoresis

#### Non-Enzymatic Protein Function (BIO, BC)

- Binding (BC)
- Immune system
- Motors

#### Enzyme Structure and Function (BIO, BC)

- Function of enzymes in catalyzing biological reactions
- Enzyme classification by reaction type
- Reduction of activation energy
- Substrates and enzyme specificity
- Active Site Model
- Induced-fit Model
- Mechanism of catalysis
  - Cofactors
  - Coenzymes
  - Water-soluble vitamins
- Effects of local conditions on enzyme activity

#### Control of Enzyme Activity (BIO, BC)

- Kinetics
  - General (catalysis)
  - Michaelis–Menten
  - Cooperativity
- Feedback regulation
- Inhibition–types
  - Competitive
  - Non-competitive
  - Mixed (BC)
  - Uncompetitive (BC)
- Regulatory enzymes
  - Allosteric enzymes
  - Covalently-modified enzymes
  - Zymogen

### Carbohydrates

#### Carbohydrates (BC, OC)

- Description
  - Nomenclature and classification, common names
  - Absolute configuration
  - Cyclic structure and conformations of hexoses
  - Epimers and anomers
- Hydrolysis of the glycoside linkage
- Monosaccharides
- Disaccharides
- Polysaccharides
- Hydrolysis of the glycoside linkage
- Keto-enol tautomerism of monosaccharides
- Disaccharides (BC)
- Polysaccharides (BC)

### Nucleic Acids

#### Nucleic Acid Structure and Function (BIO, BC)

- Description
- Nucleotides and nucleosides
  - Sugar phosphate backbone
  - Pyrimidine, purine residues
- Deoxyribonucleic acid (DNA): double helix, Watson–Crick model
- Base pairing specificity: A with T, G with C
- Function in transmission of genetic information (BIO)
- DNA denaturation, reannealing, hybridization
- Chemistry (BC)
- Other functions (BC)

### Lipids

#### Metabolism of Fatty Acids and Proteins (BIO, BC)

- Description of fatty acids (BC)
- Digestion, mobilization, and transport of fats

#### Lipids (BC, OC)

- Description, Types

- Structural
- Triacyl glycerols
  - Storage
- Free fatty acids: saponification
- Phospholipids and phosphatids
- Sphingolipids (BC)
- Waxes
- Terpenes and terpenoids
- Signals/cofactors
  - Fat-soluble vitamins
  - Steroids
  - Prostaglandins (BC)
- **Biological Membranes**
  - **Plasma Membrane (BIO, BC)**
    - General function in cell containment
    - Composition of membranes
      - Lipid components (BIO, BC, OC)
    - Phospholipids (and phosphatids)
    - Steroids
    - Waxes
    - Protein components
    - Fluid mosaic model
    - Membrane dynamics
    - Solute transport across membranes
      - Thermodynamic considerations
      - Osmosis
      - Colligative properties; osmotic pressure (GC)
      - Passive transport
      - Active transport
      - Sodium/potassium pump
      - Membrane channels
    - Membrane potential
    - Membrane receptors
    - Exocytosis and endocytosis
    - Intercellular junctions (BIO)
      - Gap junctions
      - Tight junctions
      - Desmosomes
  - **Biosignalling (BC)**
    - Gated ion channels
      - Voltage gated
      - Ligand gated
    - Receptor enzymes
    - G protein-coupled receptors
- **The Prokaryotic Cell**
  - Lack of nuclear membrane and mitotic apparatus
  - Lack of typical eukaryotic organelles
  - Presence of cell wall in bacteria
  - Flagellar propulsion, mechanism
- **Growth and Physiology of Prokaryotic Cells (BIO)**
  - Reproduction by fission
  - High degree of genetic adaptability, antibiotic resistance
  - Exponential growth
  - Existence of anaerobic and aerobic variants
  - Parasitic and symbiotic
  - Chemotaxis
- **Genetics of Prokaryotic Cells (BIO)**
  - Existence of plasmids, extragenomic DNA
  - Transformation: incorporation into bacterial genome of DNA fragments from external medium
  - Conjugation
  - Transposons (also present in eukaryotic cells)
- **The Eukaryotic Cell**
  - **Cell Theory (BIO)**
    - History and development
    - Impact on biology
  - **Membrane-Bound Organelles and Defining Characteristics of Eukaryotic Cells (BIO)**
    - Defining characteristics of eukaryotic cells:
      - membrane bound nucleus
      - presence of organelles

- mitotic division
- Nucleus
  - Compartmentalization, storage of genetic information
  - Nucleolus: location and function
  - Nuclear envelope, nuclear pores
- Mitochondria
  - Site of ATP production
  - Inner and outer membrane structure (BIO, BC)
  - Self-replication
- Lysosomes: membrane-bound vesicles containing hydrolytic enzymes
- Endoplasmic reticulum
  - Rough and smooth components
  - Rough endoplasmic reticulum site of ribosomes
  - Double membrane structure
  - Role in membrane biosynthesis
  - Role in biosynthesis of secreted proteins
- Golgi apparatus: general structure and role in packaging and secretion
- Peroxisomes: organelles that collect peroxides
- Cytoskeleton (BIO)
  - General function in cell support and movement
  - Microfilaments: composition, role in cleavage and contractility
  - Microtubules: composition and role in support and transport
  - Intermediate filaments, role in support
  - Composition and function of cilia and flagella
  - Centrioles, microtubule organizing centers
- **Bioenergetics and Cellular Respiration**
  - **Principles of Bioenergetics (BC)**
    - Bioenergetics/thermodynamics
      - Free energy/ $K_{eq}$
      - Concentration
    - Phosphorylation/ATP
      - ATP hydrolysis  $\Delta G \ll 0$
      - ATP group transfers
    - Biological oxidation–reduction
      - Half-reactions
      - Soluble electron carriers
      - Flavoproteins
  - **Glycolysis, Gluconeogenesis, and the Pentose Phosphate Pathway (BIO, BC)**
    - Glycolysis (aerobic), substrates and products
      - Feeder pathways: glycogen, starch metabolism
    - Fermentation (anaerobic glycolysis)
    - Gluconeogenesis (BC)
    - Pentose phosphate pathway (BC)
    - Net molecular and energetic results of respiration processes
  - **Principles of Metabolic Regulation (BC)**
    - Regulation of metabolic pathways (BIO, BC)
      - Maintenance of a dynamic steady state
    - Regulation of glycolysis and gluconeogenesis
    - Metabolism of glycogen
    - Regulation of glycogen synthesis and breakdown
      - Allosteric and hormonal control
    - Analysis of metabolic control
  - **Citric Acid Cycle (BIO, BC)**
    - Acetyl-CoA production (BC)
    - Reactions of the cycle, substrates and products
    - Regulation of the cycle
    - Net molecular and energetic results of respiration processes
  - **Oxidative Phosphorylation (BIO, BC)**
    - Electron transport chain and oxidative phosphorylation
      - substrates and products
      - general features of the pathway
    - Electron transfer in mitochondria
      - NADH, NADPH
      - Flavoproteins
      - Cytochromes
    - ATP synthase, chemiosmotic coupling
      - Proton motive force
    - Net molecular and energetic results of respiration processes
    - Regulation of oxidative phosphorylation
    - Mitochondria, apoptosis, oxidative stress (BC)
- **Integration of Metabolism**

- **Oxidation of fatty acids**
  - Saturated fats
  - Unsaturated fats
- Ketone bodies (BC)
- Anabolism of fats (BIO)
- Non-template synthesis: biosynthesis of lipids and polysaccharides (BIO)
- Metabolism of proteins (BIO)

#### **Hormonal Regulation and Integration of Metabolism (BC)**

- Higher level integration of hormone structure and function
- Tissue specific metabolism
- Hormonal regulation of fuel metabolism
- Obesity and regulation of body mass

#### ▪ **Gene Expression**

##### **Genetic Code (BIO)**

- Central Dogma: DNA → RNA → protein
- The triplet code
- Codon–anticodon relationship
- Degenerate code, wobble pairing
- Missense, nonsense codons
- Initiation, termination codons
- Messenger RNA (mRNA)

##### **Transcription (BIO)**

- Transfer RNA (tRNA); ribosomal RNA (rRNA)
- Mechanism of transcription
- mRNA processing in eukaryotes, introns, exons
- Ribozymes, spliceosomes, small nuclear ribonucleoproteins (snRNPs), small nuclear RNA (snRNAs)
- Functional and evolutionary importance of introns

##### **Translation (BIO)**

- Roles of mRNA, tRNA, rRNA
- Role and structure of ribosomes
- Initiation, termination co-factors
- Post-translational modification of proteins

##### **Eukaryotic Chromosome Organization (BIO)**

- Chromosomal proteins
- Single copy vs. repetitive DNA
- Supercoiling
- Heterochromatin vs. euchromatin
- Telomeres, centromeres

##### **Genetics of Prokaryotic Cells (BIO)**

- Existence of plasmids, extragenomic DNA
- Transformation: incorporation into bacterial genome of DNA fragments from external medium
- Conjugation
- Transposons (also present in eukaryotic cells)

##### **Control of Gene Expression in Prokaryotes (BIO)**

- Operon Concept, Jacob–Monod Model
- Gene repression in bacteria
- Positive control in bacteria

##### **Control of Gene Expression in Eukaryotes (BIO)**

- Transcriptional regulation
- DNA binding proteins, transcription factors
- Gene amplification and duplication
- Post-transcriptional control, basic concept of splicing (introns, exons)
- Cancer as a failure of normal cellular controls, oncogenes, tumor suppressor genes
- Regulation of chromatin structure
- DNA methylation
- Role of non-coding RNAs

#### ▪ **DNA Replication and Cellular Reproduction**

##### **DNA Replication (BIO)**

- Mechanism of replication: separation of strands, specific coupling of free nucleic acids
- Semi-conservative nature of replication
- Specific enzymes involved in replication
- Origins of replication, multiple origins in eukaryotes
- Replicating the ends of DNA molecules

##### **Repair of DNA (BIO)**

- Repair during replication
- Repair of mutations

#### **Mitosis (BIO)**

- Mitotic process: prophase, metaphase, anaphase, telophase, interphase
- Mitotic structures
  - Centrioles, asters, spindles
  - Chromatids, centromeres, kinetochores
  - Nuclear membrane breakdown and reorganization
  - Mechanisms of chromosome movement
- Phases of cell cycle: G0, G1, S, G2, M
- Growth arrest
- Control of cell cycle
- Loss of cell cycle controls in cancer cells

#### **Biosignalling (BC)**

- Oncogenes, apoptosis

#### ▪ **Mendelian Genetics**

##### **Mendelian Concepts (BIO)**

- Phenotype and genotype
- Gene
- Locus
- Allele: single and multiple
- Homozygosity and heterozygosity
- Wild-type
- Recessiveness
- Complete dominance
- Co-dominance
- Incomplete dominance, leakage, penetrance, expressivity
- Hybridization: viability
- Gene pool

##### **Analytic Methods (BIO)**

- Hardy–Weinberg Principle
- Testcross (Backcross; concepts of parental, F1, and F2 generations)
- Gene mapping: crossover frequencies
- Biometry: statistical methods

#### ▪ **Recombination and Mutation**

##### **Meiosis and Other Factors Affecting Genetic Variability (BIO)**

- Significance of meiosis
- Important differences between meiosis and mitosis
- Segregation of genes
  - Independent assortment
  - Linkage
  - Recombination
  - Single crossovers
  - Double crossovers
  - Synaptonemal complex
  - Tetrad
  - Sex-linked characteristics
  - Very few genes on Y chromosome
  - Sex determination
  - Cytoplasmic/extranuclear inheritance
- Mutation
  - General concept of mutation — error in DNA sequence
  - Types of mutations: random, translation error, transcription error, base substitution, inversion, addition, deletion, translocation, mispairing
  - Advantageous vs. deleterious mutation
  - Inborn errors of metabolism
  - Relationship of mutagens to carcinogens
- Genetic drift
- Synapsis or crossing-over mechanism for increasing genetic diversity

#### ▪ **The Molecular Biology Laboratory**

##### **Separations and Purifications (OC, BC)**

- Extraction: distribution of solute between two immiscible solvents
- Distillation
- Chromatography
  - Basic principles involved in separation process
- Column chromatography, gas-liquid chromatography
- High pressure liquid chromatography
  - Paper chromatography
  - Thin-layer chromatography
- Separation and purification of peptides and proteins (BC)
  - Electrophoresis
  - Quantitative analysis
  - Chromatography

- Size-exclusion
- Ion-exchange
- Affinity

### Recombinant DNA and Biotechnology (BIO)

- Gene cloning
- Restriction enzymes
- DNA libraries
- Generation of cDNA
- Hybridization
- Expressing cloned genes
- Polymerase chain reaction
- Gel electrophoresis and Southern blotting
- DNA sequencing
- Analyzing gene expression
- Determining gene function
- Stem cells
- Practical applications of DNA technology: medical applications, human gene therapy, pharmaceuticals, forensic evidence, environmental cleanup, agriculture
- Safety and ethics of DNA technology

### Viruses

#### Virus Structure (BIO)

- General structural characteristics (nucleic acid and protein, enveloped and nonenveloped)
- Lack organelles and nucleus
- Structural aspects of typical bacteriophage
- Genomic content — RNA or DNA
- Size relative to bacteria and eukaryotic cells

#### Viral Life Cycle (BIO)

- Self-replicating biological units that must reproduce within specific host cell
- Generalized phage and animal virus life cycles
  - Attachment to host, penetration of cell membrane or cell wall, and entry of viral genetic material
  - Use of host synthetic mechanism to replicate viral components
  - Self-assembly and release of new viral particles
- Transduction: transfer of genetic material by viruses
- Retrovirus life cycle: integration into host DNA, reverse transcriptase,
  - HIV
- Prions and viroids: subviral particles

### Bacteria and Archaea

#### Classification and Structure of Prokaryotic Cells (BIO)

- Prokaryotic domains
  - Archaea
  - Bacteria
- Major classifications of bacteria by shape
  - Bacilli (rod-shaped)
  - Spirilli (spiral-shaped)
  - Cocci (spherical)

### Animal Development and Embryology

#### Reproductive System (BIO)

- Gametogenesis by meiosis
- Ovum and sperm
  - Differences information
  - Differences in morphology
  - Relative contribution to next generation
- Reproductive sequence: fertilization; implantation; development; birth

#### Embryogenesis (BIO)

- Stages of early development (order and general features of each)
  - Fertilization
  - Cleavage
  - Blastula formation
  - Gastrulation
- First cell movements
- Formation of primary germ layers (endoderm, mesoderm, ectoderm)
  - Neurulation
- Major structures arising out of primary germ layers
- Neural crest
- Environment–gene interaction in development

#### Mechanisms of Development (BIO)

- Cell specialization

- Determination
- Differentiation
- Tissue types

- Cell–cell communication in development
- Cell migration
- Pluripotency: stem cells
- Gene regulation in development
- Programmed cell death
- Existence of regenerative capacity in various species
- Senescence and aging

### Mammalian Tissues and Histology

#### Tissues Formed From Eukaryotic Cells (BIO)

- Epithelial cells
- Connective tissue cells

### The Nervous System

#### Nervous System: Structure and Function (BIO)

- Major Functions
  - High level control and integration of body systems
  - Adaptive capability to external influences
- Organization of vertebrate nervous system
- Sensor and effector neurons
- Sympathetic and parasympathetic nervous systems: antagonistic control
- Reflexes
  - Feedback loop, reflex arc
  - Role of spinal cord and supraspinal circuits
- Integration with endocrine system: feedback control

#### Nerve Cell (BIO)

- Cell body: site of nucleus, organelles
- Dendrites: branched extensions of cell body
- Axon: structure and function
- Myelin sheath, Schwann cells, insulation of axon
- Nodes of Ranvier: propagation of nerve impulse along axon
- Synapse: site of impulse propagation between cells
- Synaptic activity: transmitter molecules
- Resting potential: electrochemical gradient
- Action potential
  - Threshold, all-or-none
  - Sodium/potassium pump
- Excitatory and inhibitory nerve fibers: summation, frequency of firing
- Glial cells, neuroglia

### Sensory Systems

#### Vision (PSY, BIO)

- Structure and function of the eye
- Visual processing
  - Visual pathways in the brain
  - Parallel processing (PSY)
  - Feature detection (PSY)

#### Hearing (PSY, BIO)

- Structure and function of the ear
- Auditory processing (e.g., auditory pathways in the brain)
- Sensory reception by hair cells

#### Other Senses (PSY, BIO)

- Somatosensation (e.g., pain perception)
- Taste (e.g., taste buds/chemoreceptors that detect specific chemicals)
- Smell
  - Olfactory cells/chemoreceptors that detect specific chemicals
  - Pheromones (BIO)
  - Olfactory pathways in the brain (BIO)
- Kinesthetic sense (PSY)
- Vestibular sense

### The Endocrine System

#### Endocrine System: Hormones and Their Sources (BIO)

- Function of endocrine system: specific chemical control at cell, tissue, and organ level
- Definitions of endocrine gland, hormone
- Major endocrine glands: names, locations, products
- Major types of hormones
- Neuroendocrinology — relation between neurons and hormonal systems

#### Endocrine System: Mechanisms of Hormone Action (BIO)

- Cellular mechanisms of hormone action
- Transport of hormones: blood supply
- Specificity of hormones: target tissue
- Integration with nervous system: feedback control
- Regulation by second messengers

#### **Hormonal Regulation and Integration of Metabolism (BC)**

- Higher level integration of hormone structure and function
- Tissue specific metabolism
- Hormonal regulation of fuel metabolism
- Obesity and regulation of body mass

### ▪ **The Musculoskeletal System**

#### **Muscle System (BIO)**

- Important functions
  - Support : mobility
  - Peripheral circulatory assistance
  - Thermoregulation (shivering reflex)
- Structure of three basic muscle types: striated, smooth, cardiac
- Muscle structure and control of contraction
  - T-tubule system
  - Contractile apparatus
  - Sarcoplasmic reticulum
  - Fiber type
  - Contractile velocity of different muscle types
- Regulation of cardiac muscle contraction
- Oxygen debt: fatigue
- Nervous control
  - Motor neurons
  - Neuromuscular junction, motor end plates
  - Sympathetic and parasympathetic innervation
  - Voluntary and involuntary muscles

#### **Specialized Cell - Muscle Cell (BIO)**

- Structural characteristics of striated, smooth, and cardiac muscle
- Abundant mitochondria in red muscle cells: ATP source
- Organization of contractile elements:
  - actin and myosin filaments
  - crossbridges
  - sliding filament model
- Sarcomeres: “I” and “A” bands, “M” and “Z” lines, “H” zone
- Presence of troponin and tropomyosin
- Calcium regulation of contraction

#### **Skeletal System (BIO)**

- Functions
  - Structural rigidity and support
  - Calcium storage
  - Physical protection
- Skeletal structure
  - Specialization of bone types, structures
  - Joint structures
  - Endoskeleton vs. exoskeleton
- Bone structure
  - Calcium/protein matrix
  - Cellular composition of bone
- Cartilage: structure and function
- Ligaments, tendons
- Endocrine control

### ▪ **The Cardiovascular System**

#### **Circulatory System (BIO)**

- Functions: circulation of oxygen, nutrients, hormones, ions and fluids, removal of metabolic waste
- Role in thermoregulation
- Four-chambered heart: structure and function
- Endothelial cells
- Systolic and diastolic pressure
- Pulmonary and systemic circulation
- Arterial and venous systems (arteries, arterioles, venules, veins)
  - Structural and functional differences
  - Pressure and flow characteristics
- Capillary beds
  - Mechanisms of gas and solute exchange
  - Mechanism of heat exchange
  - Source of peripheral resistance
- Nervous and endocrine control

### ▪ **Blood**

- Composition of blood
  - Plasma, chemicals, blood cells
  - Erythrocyte production and destruction; spleen, bone marrow
  - Regulation of plasma volume
- Coagulation, clotting mechanisms
- Oxygen transport by blood
  - Hemoglobin, hematocrit
  - Oxygen content
  - Oxygen affinity
- Carbon dioxide transport and level in blood

### ▪ **The Respiratory System Respiratory System (BIO)**

- General function
  - Gas exchange, thermoregulation
  - Protection against disease : particulate matter
- Structure of lungs and alveoli
- Breathing mechanisms
  - Diaphragm, rib cage, differential pressure
  - Resiliency and surface tension effects
- Thermoregulation: nasal and tracheal capillary beds; evaporation, panting
- Particulate filtration: nasal hairs, mucus/cilia system in lungs
- Alveolar gas exchange
  - Diffusion, differential partial pressure
  - Henry’s Law(GC)
- pH control
- Regulation by nervous control - CO<sub>2</sub> sensitivity

### ▪ **The Lymphatic System and Immunity**

#### **Lymphatic System (BIO)**

- Structure of lymphatic system
- Major functions
  - Equalization of fluid distribution
  - Transport of proteins and large glycerides
  - Production of lymphocytes involved in immune reactions
  - Return of materials to the blood

#### **Immune System (BIO)**

- Innate (non-specific) vs. adaptive (specific) immunity
- Adaptive immune system cells
  - T-lymphocytes
  - B-lymphocytes
- Innate immune system cells
  - Macrophages
  - Phagocytes
- Tissues
  - Bonemarrow
  - Spleen
  - Thymus
  - Lymph nodes
- Concept of antigen and antibody
- Antigen presentation
- Clonal selection
- Antigen-antibody recognition
- Structure of antibody molecule
- Recognition of self vs. non-self, autoimmune diseases
- Major histocompatibility complex

### ▪ **The Urinary System**

#### **Excretory System (BIO)**

- Roles in homeostasis
  - Blood pressure
  - Osmoregulation
  - Acid–base balance
  - Removal of soluble nitrogenous waste
- Kidney structure
  - Cortex
  - Medulla
- Nephron structure
  - Glomerulus
  - Bowman’s capsule
  - Proximal tubule
  - Loop of Henle
  - Distal tubule
  - Collecting duct



- Formation of urine
  - Glomerular filtration
  - Secretion and reabsorption of solutes
  - Concentration of urine
  - Counter-current multiplier mechanism
- Storage and elimination: ureter, bladder, urethra
- Osmoregulation: capillary reabsorption of H<sub>2</sub>O, amino acids, glucose, ions
- Muscular control: sphincter muscle

## ▪ The Digestive System and Nutrition

### Digestive System (BIO)

- Ingestion
  - Saliva as lubrication and source of enzymes
  - Ingestion; esophagus, transport function
- Stomach
  - Storage and churning of food
  - Low pH, gastric juice, mucal protection against self-destruction
  - Production of digestive enzymes, site of digestion
  - Structure(gross)
- Liver
  - Structural relationship of liver within gastrointestinal system
  - Production of bile
  - Role in blood glucose regulation, detoxification
- Bile
  - Storage in gall bladder
  - Function
- Pancreas
  - Production of enzymes
  - Transport of enzymes to small intestine
- Small Intestine
  - Absorption of food molecules and water
  - Function and structure of villi
  - Production of enzymes, site of digestion
  - Neutralization of stomach acid
  - Structure (anatomic subdivisions)
- Large Intestine
  - Absorption of water
  - Bacterial flora
  - Structure (gross)
- Rectum: storage and elimination of waste, feces
- Muscular control
  - Peristalsis
- Endocrine control
  - Hormones
  - Target tissues
- Nervous control: the enteric nervous system

## ▪ The Reproductive System

### Reproductive System (BIO)

- Male and female reproductive structures and their functions
  - Gonads
  - Genitalia
  - Differences between male and female structures
- Hormonal control of reproduction
  - Male and female sexual development
  - Female reproductive cycle
  - Pregnancy, parturition, lactation
  - Integration with nervous control

## ▪ Skin

### Skin System (BIO)

- Structure
  - Layer differentiation, celltypes
  - Relative impermeability to water
- Functions in homeostasis and osmoregulation
- Functions in thermoregulation
  - Hair, erectile musculature
  - Fat layer for insulation
  - Sweat glands, location in dermis
  - Vasoconstriction and vasodilation in surface capillaries
- Physical protection
  - Nails, calluses, hair
  - Protection against abrasion, disease organisms
- Hormonal control: sweating, vasodilation, and vasoconstriction

## ▪ Evolution

### Evolution (BIO)

- Natural selection
  - Fitness concept
  - Selection by differential reproduction
  - Concepts of natural and group selection
  - Evolutionary success as increase in percent representation in the gene pool of the next generation
- Speciation
  - Polymorphism
  - Adaptation and specialization
  - Inbreeding
  - Outbreeding
  - Bottlenecks
- Evolutionary time as measured by gradual random changes in genome
  - Genetic drift